

THE COMMENTARY

The DOs and DON'Ts of 1L

DO be on time. DON'T be uncivilized. DO be you.

BY LAURA COEY
STAFF WRITER

DO take time for yourself on a weekly, if not daily, basis even during crazy finals chaos. This will keep you sane and make the entire law school process not as miserable.

DO learn time management skills if you do not already have them. They will become your most valuable tool in allowing you to balance school and what is left of your social and personal life.

DON'T let your competitiveness and fear about the 1L curve affect how you treat other students. Yes, maybe it makes you feel like you are one-up on the guy next to you by not giving him last week's contracts notes that he missed. But guess what, there will come a day when you need notes/ handouts/ outlines or something and I bet you will want someone to do you the same favor.

DO go to tutoring for all classes even if you think you understand what is going on. Tutors often have a great deal of insight into what the professor will look for on finals.

DO keep up on the reading for class. Simple as that – read for class and be prepared in case you get called on. First year is tough enough, don't make it any more difficult by faking your way through a case, being nervous an entire class because you may be called on, or being embarrassed by having to “pass.”

DO make your own outlines. This is one of the best ways to learn because when you outline you organize and structure all the material you have learned over the semester. When you skip this step and use someone else's outline, yes you save a lot of time, but you are missing out on a key learning opportunity. I encourage you to get outlines from other students, but only use these as a reference after you have completed your own outline.

DO realize that most of your non-lawyer family and friends won't understand what you are going through as a first year law student. It's not their fault. They have no idea how demanding and stressful law school can be. However, don't push them away because they still are one of your biggest support systems.

Straight to the Supreme Court!



SBA Vice President Priscilla Salgado poses with Supreme Court Justice Anthony Kennedy during her trip to the ABA Conference in San Francisco.

Cheap Eats

BY SETA SARABEKIAN
FOOD CONNOISSEUR

Get that glass of Dom
for the price of Natty-Ice.

When it comes to food it's hard not to have Dom Perignon taste, but unfortunately our Natural Ice budget can frequently get in the way considering the student loan payments, smart phone bills, and newly acquired business casual wardrobe. Despite the financial downside of being a student, we have one amazing perk: Odd Hours. Sometimes we start at 8am, and sometimes we start at 2pm. Sometimes we're out at 6pm, and sometimes we're out at 3pm. As long as you shift your regular eating schedule out of the line of fire that is “normal dining hours,” you can get that glass of Dom for the price of Natty-Ice.

Here is a little compilation of foods that would usually cost you an arm, a leg, and a left kidney.

Lunch Specials

Sushi Deli 2 (1st and Broadway) 5-6:30pm
Probably the most reasonably priced sushi you'll find in town. All rolls are between 2.99 and 8.99, and sushi combos (16 pieces each) are a great way for new sushi eaters to try multiple rolls at once.

Pho Noodle Bar(6th and Cedar)11am-3pm
This new restaurant is a great option for lunch, as it is reasonably priced and so close to school. They have some basic sushi options, yellow and green curry as well as pad thai. Most lunches will run you about \$10 or so.

Pizzicato (5th and Kalmia)
You can get breadsticks, artichoke and spinach dip and a hummus plate for 3.95 each. Several paninis with a side are 7.95. This restaurant is a healthy alternative and serves a whole wheat crust pizza.

Happy Hours

La Puerta (4th and I) 3-7pm
Half off all appetizers and drinks. The appetizers all end up being \$5 at most (many options even cheaper than that). Options include carne asada fries, cochinita quesadillas, flautitas, and tostaditas. The carne asada fries and quesadillas are massive and easily enough for two to share. Tuesday afternoons they have TJ Dawgs and Street Tacos for \$2.

Taste and Thirst (4th and G)
\$10 bottomless mimosas until 2pm and 1/2 off drinks and select appetizers from 3-8pm daily. They also serve breakfast in the mornings.

Las Hadas (4th and I) 3-7pm
Drink specials include \$2 Tecate, \$3 Coronas and \$4 Margaritas and glasses of wine. Happy hour dinner options include buffalo strips, ceviche del mar and a chicken del mar, chipotle bbq ribs and a pulled pork sandwich for \$7 each.

Taking Care of Your Law School Body

Pump. It. Up.

BY TORI LAZAR
ASSOCIATE EDITOR

Sitting at a desk for hours on end can take a toll on your body. While law school may seem like one big mental marathon, stretching, breathing, and core strengthening exercises are essential to staying in shape for finals. I teamed up with trainer Shaz Zamanian from the Broadway Athletic Club to create a simple stretching routine to help keep you in top form this semester.

Disclaimer: Consult with your physician before beginning any exercise program. You should be in good physical condition and be able to participate in the exercise. Please read full disclaimer on page 4.

Exercise #1: Upper trap stretch -Great stretch if you sit at a desk reading or starring at a computer. Place your right hand with your palm up underneath your right butt cheek. Sitting up straight, take your left hand reach over your head and place your hand on the right arch of your head while looking straight ahead pull your head to the left. Think of bringing your left Erato your left shoulder. Repeat on both sides for 3 sets of 30sec.



Mike Zuckerman

Exercise #2: A variation to this stretch in order to open the levator scapulae muscle where alot of tension is held is called the levator scapulae stretch. Sitting on the right hand with the palm up while sitting upright, turn your head 45 degrees to the left and place your left hand over your head and on the arch of the back of the head. Look down and with your left hand pull your nose into your armpit until you feel a stretch in the back of the neck.



Mike Zuckerman

See PUMP IT UP! on page 4...

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The Commentary meets weekly on Mondays at 12:15 PM on the third floor couches. You can reach us via email at: cwslcommentary@gmail.com

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Letters from the Editors



SAMI HADDAD
EDITOR-IN-CHIEF

think having a student-run newspaper is a very powerful tool – a tool that should be used to represent each student at California Western. My vision is that *The Commentary* should not only be a news periodical, but a forum for any student to express their concerns, and for those concerns to be addressed.

Over the next year, I will strive to make *The Commentary* SBA’s avenue of communication to the students. Students should be able to pick up *The Commentary* and know exactly what is going on in the SBA. Advertising future events, discussing future plans, and describing past events will all be included in this “SBA Happenings” section of *The Commentary*. I hope that many of the transparency issues that many students, especially student organizations, have had with the SBA can be solved by this section of *The Commentary*. As Editor-In-Chief, I will do everything in my power to put out quality monthly papers that will appeal to each and every member of California Western School of Law’s very diverse class.

Authentically yours,
Sami Haddad

When I signed on to *The Commentary* staff last September, I wasn’t sure how much I would contribute to such a distinguished group of editors as Ben Pezzner and Grace Garner. They have managed to transform *The Commentary* from a twice a year publication to a monthly paper, and all I wanted to do was help. While I am pleased to have been a part of this editing team, I am ready to step into the position of Editor-In-Chief.

As Editor-In-Chief, I will continue the tradition of covering issues that are relevant, useful, entertaining and at times distraction-filled. I

Welcome to law school, 1Ls. Welcome back 2Ls and 3Ls, and congratulations on making it back for another year. I am fortunate, in that, this is my final term in law school. Though, I am sad to have only one term to work as *The Commentary*’s Design Editor.

I joined the paper last year. At first, I attended the weekly meetings so I could catch up on CWSL gossip. Then, I volunteered to write an article or two. Now, I am excited to contribute in a more meaningful way. I have always respected journalists and the way the news can effect our perceptions of the world we often find ourselves enclosed in. I am honored to take a small part in assisting the CWSL student body become more knowledgeable of issues, stories, and events on the CWSL campus.

Even more so, I am honored to work alongside Sami Haddad, the 2013/2014 Editor-in-Chief. He is an amazing person, writer, and creator. He will work hard, and has already worked hard, sacrificing his free time to bring the CWSL community both compelling and satirical news. It will be difficult to fill the shoes of last years Co-Editors-in-Chief, Grace Garner and Ben Pezzner, but I know Sami will do his best to build upon the fantastic foundation they established.

In my free time I play soccer, walk my beautiful dogs around North Park, sing in the band Supermodel Razorblades, and volunteer as a Court Appointed Special Advocate. I plan on practicing immigration law after taking the February bar. If you have an idea for an article, you know a good joke, or you see something newsworthy on campus, send us an email (below). Or, if you just want someone to chat with, send us an email.

Respectfully yours,
Leah L. Schaak



LEAH L. SCHAAK
DESIGN EDITOR



LAUREN FOLEY
SBA PRESIDENT

both Spain and Greece. My mother is an art teacher, so I love painting, drawing and photography. This is something that many people don’t know about me, for I habitually use art as an escape from the ever-changing and never-ending pressures of law school.

Though I moved west two years ago, I remain a forever hopeful, yet doomed, Cleveland Sports fan (yes, I am still bitter about LeBron leaving). During tournament time of each season (especially football, basketball, and baseball) you’ll often find me in the basement lounge of the 350 building, yelling at the TV shamelessly, with my abandoned outlines

To my fellow classmates, friends, faculty and staff at California Western:

Welcome to a new school year! While I know several of you, I’m sure there are many students reading this article who are hearing of my name for the first time. I hope to have the chance to meet each and every one of you this upcoming year, be it on campus, nearby, or within Gaslamp. I am beyond thrilled to have the honor of serving as your SBA President and I would like to take this opportunity to tell you a little more about myself.

I am a Midwestern girl, born and raised in Cleveland, Ohio. A second-generation Buckeye, I graduated from The Ohio State University with honors in Psychology and had the luxury of studying abroad in

sliding off my lap.

Now, I wanted to share these things with all of you for two reasons: first, I sincerely want you to know my interests, and second, in the hope that you will never hesitate to approach me. I joke when I say that, “I could hold a conversation with a brick wall,” but I mean it. I love talking to people, I love listening to people, and I am genuinely looking forward to hearing from, and learning to, my fellow classmates here at Cal Western in order to make this year memorable.

As your SBA President, I have two overarching goals.

First, to utilize each SBA appointed official to facilitate communication on campus, create both professional and social opportunities for students, and enthusiastically encourage involvement throughout the year. Second, to achieve a level of transparency within SBA that has never been realized before. In the past, student organizations and SBA have been completely separate entities. As your Student Bar Association, our main focus this year is to bridge that gap and work closely with student organizations to vigorously support student interests to the extent of our ability. Through transparent budget processes and open lines of communication, we hope to see student organizations, and in turn, the entire student body, flourish.

With that said, you can be assured that your values and concerns will be heard and well represented this upcoming year. As your SBA, we will do our best to enhance student life on campus and create opportunity for the entirety of the student body. Good luck, everyone, I can’t wait to get started!

Cheers, Lauren

THE COMMENTARY EDITOR TEAM

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The Commentary meets
weekly on Mondays at
12:15 PM on the third floor
couches. You can reach us
via email at:
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The Commentary is a student-run newspaper at California Western School of Law. As a committee of the CWSL Student Bar Association, *The Commentary* has been around for 40 years. Please contact us at cwslcommentary@gmail.com for reprinting permission. The views expressed within *The Commentary* do not necessarily represent the views of California Western School of Law or its administration, faculty, staff, or other students.

CLUB CORNER

Shaping Debate, Building Networks, Making a Difference

BY
CINDY PEREZ
ACS PRESIDENT



Cindy Perez

ACS Crew in Washington D.C.

ACS Fall events (additional events yet to be determined):

October 7, 2013: Protecting Consumers with Consumer Financial Protection Bureau Regional Director

Edwin Chow (at 12:15 in LH1)

October 16, 2013: Policy Speech with Congressman Scott Peters (at 12:15 in AUD)

The American Constitution Society (ACS) believes that law should be a force to improve the lives of all people. ACS works for positive change by shaping debate on vitally important legal and constitutional issues through development and promotion of high-impact ideas to opinion leaders and the media; by building networks of lawyers, law students, judges and policymakers dedicated to those ideas; and by countering the activist conservative legal movement that has sought to erode our enduring constitutional values. By bringing together powerful, relevant ideas and passionate, talented people, ACS makes a difference in the constitutional, legal and public policy debates that shape our democracy.

The benefits of getting involved with ACS:

- A weekly e-mail summarizing law and policy nationwide news
- Access to ACS's online job bank
- An opportunity to connect with lawyers, judges, and law professors
- Eligibility to apply for student scholarships to attend the ACS National Convention and Student Convention

See ACS IN DC on page 8...

One of CWSL's Newest Clubs Makes a Splash!



Josephina Ballotieri

BY MATT DRENAN &
MARLEY SCHROEPFER
PRESIDENT & TREASURER OF MLS

What exactly is Maritime Law?

If you caught the new Arrested Development season on Netflix, you likely think that Maritime Law involves ridiculous yet hilarious waterproof cameras, trials in the back of fish restaurants, and pirates. And to some of you, you might even relate to Harry Winkle's character and wonder whether Maritime Law is even a real thing.

Real, doesn't even begin to describe this ex-

tremely exciting field! With a wide scope that encompasses differing fields such as environmental law, animal law, business law, international law, employment law, tax law, criminal law, and more; maritime law in essence is anything relating to navigable waters.

The Maritime Law Society had a strong debut year. They hosted two successful speaker series, and their nautical puns were right on point. They featured Prof. John E. Noyes in their "Piracy and Sushi Night", as well as CWSL alumni Art Severance as he spoke about LOLA (Limitation of Liability Act). One of MLS' goals is to help CWSL students network with those in the industry. By bringing in successful alumni such as Art Severance, you can tell this club means business. With the slogan "Two if by land, one if by sea!" MLS at CWSL creates a great environment for anyone interested in joining.

Still unsure whether this club is for you? Go to one of their general body meetings, and check them out! Worst case, you can get some free Pirate's Booty and learn about one of the coolest fields of law.

If you are Interested in joining MLS, look for the really cool posters in the lobby of the 350 building for upcoming meetings, speakers, and panels.



Community Law Project (Downtown/Lemon Grove)

BY DANA SISITSKY
EXECUTIVE DIRECTOR, CLP

The Community Law Project (Downtown / Lemon Grove) is a law student-run project that provides pro bono legal services to low income people in the greater San Diego community. We work closely with partners in the medical, social services and other professional fields to provide simultaneous services, allowing clients to receive assistance for a wide variety of needs in one location. We offer our services in two locations – a church in downtown San Diego and a school in Lemon Grove.

Law students who volunteer with the Community Law Project are able to work one-on-one with clients, as well as with volunteer attorneys in a variety of legal specialty areas. For more information or to apply for an internship position with the Community Law Project, please contact Executive Director Dana Sisitsky via email at dsisitsky@cwsledu.

Volunteer at the Community Law Project's (Downtown/Lemon Grove) Data Entry Party

When: October 3, 2013 for any 2 hour time between the hours of 4 PM - 10 pm

Where: SMNR Room

Why: You'll get free dinner (not just pizza, but dinner!) and dessert. You'll receive a \$5 Starbucks Gift Card. And, you'll help CLP demonstrate it has been assisting the community since 2005 by getting our data entered. And, don't forget the free food!

RSVP to: leah.schaak@gmail.com

This philanthropic event is open to all students, CWSL staff and friends.

So Much Room For Activities!

BY BRIANNE McLAUGHLIN
STAFF WRITER



GIFSoup.com

Throughout the fall semester, there will be many events for students to enjoy such as Race Judicata and movie nights with pizza and popcorn. During finals, you will also be able to take a study break and enjoy delicious food from local food trucks.

During spring semester, the two best events take place. First, the anticipated Grades Party, where you and your fellow colleagues will be either celebrating or drowning your sorrows after receiving the last semester's grades. And last but definitely not least, there is the Barristers' Ball, or as some may call it: law school prom. The Barristers' Committee has already begun planning this grand event, so expect nothing less than a Gatsby party.

SBA will give ample notice and information for every event we plan. All events will be advertised on campus, through emails, and on our Facebook page. The goal is to provide quality entertainment for the CWSL student body, therefore, any comments or suggestions are appreciated. Please contact the Activities Director, Brianne McLaughlin, at bmclaughlin@law.cwsledu with any questions, comments, or suggestions.

California Western School of Law Race Judicata 5K October 12, 2013 at Crown Point, Mission Bay

Other Information:

Registration begins at 8am, the race begins at 9am, food is served at 10am and the celebration continues until 1pm

Be sure to get there early to avoid long registration lines!

Proceeds will be given to the Access to Law initiative

The race will be timed (but don't worry, half the people walk it)

Sign-ups for the race will be Online, SBA students will begin tabling with laptops there for people to sign up shortly

Race sign ups close October 10th

Prizes such as bags and t-shirts will be given to all.

Additional Prizes will be given to the Best team costumes,

fastest man and fastest woman

Proceeds to Access to Law Initiative



CAMPUS PERSPECTIVES

PUMP IT UP!

From TAKING CARE OF YOUR LAW SCHOOL BODY on page 1

Exercise #3: Hamstring stretch- the hamstrings become tight from being in a seated position all day due to the fact that they are contracted for hours at a time. Lay on your back and use a band, rope, towel etc. loop the band around your foot over the arch of your foot and with an extension in your knee contract your quadriceps muscle and pull your towards your body as you raise your leg to 90 degrees from your hip. Hold for 30 seconds and switch feet for a total of 3 sets.



Mike Zuckerman

Exercise #4: Foam roll- aka self myofascial release. Using a foam roller improves flexibility, range of motion, performance, and reduces injuries. Quad foam roll- starting in the plank position placing the foam roller underneath the thigh muscles. Balance yourself of your elbows and forearms and lift your feet off the ground. Pivot from your shoulder joint slowly roll up and down from the bottom of the hip to the top of your knees. Repeat 3 sets of 60 seconds of rolling.



Mike Zuckerman

Disclaimer continued... We are not a licensed medical care provider and do not represent that we have expertise in diagnosing, examining, or treating medical conditions of any kind, or in determining the effect of any specific exercise on a medical condition. You should understand that when participating in any exercise or exercise program, there is the possibility of physical injury. If you engage in this exercise or exercise program, you agree that you do so at your own risk, are voluntarily participating in these activities, and assume all risk of injury to yourself.

Intramural Program To Expand

To the right is last season intramural basketball champions (from left to right): Matt Vitkus, Harrison Le, Trayshaun Herndon, Zack Miller, Nate Kingery, Shakti Vadgama, Corey Teed Photo from Sami Haddad

California Western School of Law’s intramural programs is currently in talks to expand to include teams from neighboring Thomas Jefferson School of Law. California Western wants to increase the competitiveness in the program and give students something new to look forward to in playing other students from a local law school.



Sami Haddad

New CWSL Promotional Program, Website

BY MITCH MILLER
ASSOCIATE EDITOR

Welcome all 1L’s. You have enrolled at California Western. Congratulations! Now you’ll see whether the information that you received before you enrolled matches with the experience you will have here as a law student. Promotional materials are an important factor in the decision to enroll at California Western, as well as for networking in the legal community.

Over the past half year, California Western has explored different advertising methods and statistics, which always been at the core of its identity. Prospective students and the legal community at large hear a lot about California Western’s bar passage rate, its solid reputation in the community for producing practice ready new lawyers, its highly successful California Innocence Project, and its commitment to diversity. These are features to be proud of. However, these features are currently not effectively expressed on the website and in promotional materials. Furthermore, after the first year, students experience the full weight of the little advertised and daunting curve.

The new promotional program identifies features that have always been at the core of California Western’s identity. Students, staff, faculty, prospective students, and alumni have all participated in this discussion. These stakeholders have worked to solidify the core attributes of California Western. They are 1) the profession-ready curriculum, 2) the commitment to justice, 3) the commitment to excellence, and 4) the supportive learning community. While these core attributes sound like common buzzwords in the legal community, there is a lot of meaning behind them.

The first two are no-brainers. As anyone who has been in an internship in San Diego will tell you, California Western has a solid reputation for creating “profession-ready” students. Furthermore, its “commitment to justice” is demonstrated through the California Innocence Project and Access to Law Initiative.

Core attributes 3 and 4 are more interesting. They address some concerns about the competitiveness of students. Other schools and current students have criticized California Western for its intimidating curve and ‘unfair’ attrition rate. Until now, they have defined California Western, as Apple has defined Windows. California Western’s new promotional program takes on a more proactive stance against these attitudes.

In case you are wondering, 17.4% is the official number for the total percentage (academic dismissal AND ‘voluntary’ leave included) of students that leave after the first year from LSAC’s 2012 Guide to Law Schools. This is relatively high among law schools, and many current students view this as a negative aspect of California Western. Many people are quite vocal about the curve and attrition rate. This is where the new promotion program is put to work.

“Commitment to excellence” recognizes that California Western promotes competition among students to produce high quality graduates. And this is true. National Jurist ranked California Western as top 20 in the country for the increase from student entrance statistics to exit statistics earlier this year. California Western’s long time policy has been to give students a chance to shine. “Supportive learning community” flows from cur-

See NEW WEBSITE on page 8...

Networking Tips: How to Initiate the Conversation

BY MATTHEW A. LAB, ESQ.
ASSISTANT DIRECTOR,
CAREER SERVICES OFFICE



CWSL.edu

Welcome new students and welcome back to our continuing students! The Career Services Office is excited about the career development programs and opportunities that we have prepared for this fall term. September presents many opportunities for you to develop your networking skills. Networking is the probably most important non-legal skill that you will develop during law school. It is a method through which we make new friends and establish valuable contacts, learn about different practice areas and career paths; promote ourselves and our employer; cultivate new clients; increase our self-confidence, and believe it or not, have some fun. Here are a few tips to help get you started:

General tips: Wear conservative, professional attire; know your personal “elevator speech” introduction; keep your right hand free for handshaking and hold your drink in your left hand to avoid the dreaded “clammy hand”; employ a firm, but not over powering, handshake. Limit alcohol consumption to a single drink, if any, and avoid any messy food. To help with recollection, repeat the name of any person to whom you are introduced, i.e., “Nice to meet you, John.”

At a panel (such as our Exploring Career Options in the Law Series this fall): Often, several students crowd around a popular panelist, making it tough for you to wedge your way in. Rather than compete for time then, approach the person, introduce yourself briefly, compliment the presentation and ask for a business card. Try this: “Hi, my name is Sara; I really enjoyed your insights today. Do you have a business card? Would it be alright if I contact you in the near future with a few follow up questions?” Do not worry about imposing – if the panelist is too busy to take your email or call, they will say so and you can then ask when it would be more convenient.

At a career fair: At a career fair, people are very receptive. All you have to do is wait your turn, step up with a nice, open smile and a firm handshake, and introduce yourself briefly: “Hello, my name is Sara. I’m a student at California Western School of Law and I’m very interested in your organization. I’ve done some research about your work and I’m impressed, but I’d like to ask you a few questions about your own experience if that is alright.”

At a reception: Receptions can be intimidating because there are often groups of people standing in a circle and it can be difficult to break into the “huddle.” Perhaps you are at the event on your own and there are no other solos in the room. In that case, the area around the food or drinks table can be a good place to find someone who is not currently in a group. A casual comment such as, “Wow, great crowd here tonight!” can bring a smile and an opening to introduce yourself.

In all of these scenarios, most people are feeling just as awkward as you are and yet are there to meet and greet people. The entire point of such events is for everyone to widen their circle of acquaintances. Press on your name tag, bring out your best smile, and enjoy the chance to speak with some experienced attorneys who are waiting to get to know you. Remember to attend the Law Student Welcome Reception at the SD-CBA on September 26, between 5:30 – 7:30 p.m. as well as our Exploring Career Options in the Law Series here at CWSL beginning on September 19th in the Moot Court Room beginning at 12:15 p.m. Practice, practice, practice!

SBA HAPPENINGS

Meet the 2013/2014 SBA Team



3L REP PATTI WILSON

Welcome to a new trimester! My name is Patti Wilson and I am one of the 3L Representatives and your SBA Chairman of the Board of Representatives.

We have a fun year to look forward to! As chairman, it is my job to coordinate and facilitate the trimester budget hearings. During these hearings I, along with my fellow board members, listen to student organization budget proposals and allocate money to the various Student Organizations to help fund events. It is my goal to make the budget process easier by helping each organization with the budget hearing process.

More than anything, I want to emphasize that the Board of Representatives is here for you. If you have any concerns, questions or comments, please either stop me around campus or my likely dwelling place, the Student Orgs Room, which I fondly call "The Dungeon." Or, e-mail me at patmwil@gmail.com. I look forward to hearing from you!



2L REP MERRICK WADSWORTH

Hi, my name is Merrick Wadsworth. I am one of your 2L SBA Representatives. The school issue I am focused on is getting students more involved with campus events. You can contact me at MAWadsworth@law.cwsl.edu with any questions or 2L concerns.

In an effort to increase effective leadership, the SBA is hosting office hours! Come meet your SBA representatives in the Student Organizations Room to share your thoughts. The schedule of hours will be posted in the Student Organizations Room.



3L REP CHRISTIAN BARTON

Hello fellow California Western law students! For those who don't know me, I'm a UCI grad who plans on practicing personal injury law. I love sports, music and movies. As one of SBA's 3L reps, my main goal this year is to increase communication between the students and the SBA. So please feel free stop me in the hallways to chat or contact me at cwbar-ton@law.cwsl.edu



2L REP JOANNE HEILBRUN

Hello Cal Western! My name is Joanne Heilbrun and I am one of your 2L Representatives. I was born in South Carolina, but raised here in San Diego. I majored in Communications at California State University San Marcos, and had a career in business management before attending law school. I am passionate about providing an inclusionary environment for all students, and for making the Student Bar Association increasingly visible and accessible to the student body. If you need anything at all, please contact me at JHeilbrun@law.cwsl.edu or stop me in the hall and say hello. A very warm welcome to our incoming 1Ls!



3L REP SEAN ELO

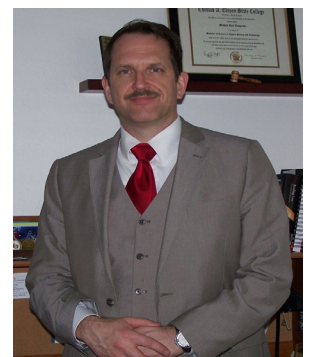
Hi, I'm Sean Elo and I am a 3L Rep. In addition to being a rep, I am also the president of La Raza Law Students Association and was formerly the president of Amnesty International.

My goal as a 3L Rep is to bring the wants and concerns of the student body to the SBA and make sure that meaningful action is taken. Furthermore, I hope to push the SBA to be more open and inclusive than in years past. I believe that the SBA can make our law school experience more enjoyable and fruitful and I intend on making sure that happens.



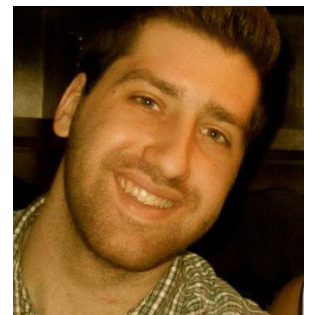
2L REP KELLY HAYNES

Let me start by saying congratulations to all of us 2Ls as we have survived our first year of law school! My name is Kelly Haynes and I am one of your 2L representatives. As your 2L representative, one of my main goals is to focus on improving the transparency between you and this SBA organization. SBA is here to serve as a resource and liaison between you, the faculty, and other organizations here on campus. Please feel free to approach me at school or contact me at K.Haynes_@hotmail.com with any questions, concerns, or ideas you may have regarding life here at CWSL.



3L REP MIKE COSGROVE

I retired after 24 years in the Navy, achieving the rank of Master Chief Petty Officer. While in the Navy, I earned a degree in Applied Science and Technology in Nuclear Technology from Thomas Edison State College. I went back to school in 2010 in order to get not only a law degree, but also to get a master's degree in business administration. You will find me this year tutoring Professor Campbell's criminal law classes. As your 3L Representative, I am most passionate about student involvement in school activities, from social to academic to administrative. I want to help tomorrow's leaders in law start on that path by being their voice in the student government and providing sound advice to those who ask. You can email me at MECosgrove@law.cwsl.edu - please put "student issue" in the subject line.



2L REP BARRY RODICH

Hi, my name is Barry Rodich and I am one of your 2L SBA representatives. I got involved with SBA because I am passionate about working with student organizations. Student organizations give us an opportunity to connect with classmates that share our common interests and backgrounds, as well as provide a support group to help survive the rigors of law school. If you have any questions or just want to chat please don't hesitate to contact me at Bmrodich@law.cwsl.edu.

SBA Students Attend ABA Annual Meeting in San Francisco

BY SAMI HADDAD & PRISCILLA SALGADO
CWSL SBA REPRESENTATIVES
(SEE PHOTO ON FIRST PAGE)

San Francisco hosted the 2013 American Bar Association (ABA) Annual Meeting. The City by the Bay was also home for the 2010 ABA Annual Meeting. This year's meeting was attended by SBA Vice President Priscilla Salgado and Commentary Editor-in-Chief Sami Haddad. It was a highly informative and an excellent experience.

We arrived in San Francisco the night before the first day of meetings. The first day included several CLE's. That evening, we attended the law student division mixer, where we met several other students from different law schools across America, as well as Judges, and some lawyers. It was a great networking experience. Every law school in the country is broken up into fifteen Circuits within the Law Students Division. California Western School of Law falls within the Ninth Circuit, which includes Southern California and Hawaii.

On our second day in San Francisco, we reviewed all of the resolutions that were up for a vote at the annual meeting, voted for Vice-Chair of the SBA, and attended several more CLE's, including: Effective Advocacy in Settlement, and Ethical Approaches to Business Development; Psychological Tools in Communication with Clients, and several others.

Later, we went to lunch, provided by the Rule of Law Initiative (ROLI). ROLI is a nonprofit organization within the authority of the ABA that works around the globe and helps promote the very basic and fundamental idea that the rule of law not only helps protect the state but also helps promote the well being of the general public. The group has offices and members around the world who help promote the rule of law. It was insightful to see all of the work that ROLI has done in the parts of the world that lack true justice, such as the Congo and Haiti.

On the third day of the conference, we attended the annual meeting for the law student division, where schools throughout the country came together to vote on various resolutions.

We then attended the ABA President's Reception in San Francisco City Hall. This was one of my favorite events of the weekend, as people from around the world gathered in a baroque environment to discuss the law. Priscilla and I met several other law students from around the country, members of the ABA executive counsel as well as Justice Kennedy and his wife.

Our final event was hosted by the ABA Section of Individual Rights and Responsibilities; the Thurgood Marshall

Award Dinner. Established by the American Bar Association and the Section of Individual Rights and Responsibilities, the Thurgood Marshall Award honors U.S. Supreme Court Justice Thurgood Marshall, who epitomized individual commitment, in word and action, to the cause of civil rights in this country. The award honors individuals within the legal world who have similar long-term contributions to the advancement of civil rights, civil liberties, and human rights in the United States and is given during the annual ABA meeting. This year's winner was the Honorable Thelton E. Henderson who has ruled on a number of landmark decisions and advanced the rights of minority groups, the gay community and those in the prison system. He spoke about his childhood in South Central Los Angeles, his experiences as a 3L student at Boalt Hall, his interactions with Martin Luther King Jr. and later his appointment to the bench.

Next year, the ABA annual meeting is scheduled from August 7-12 in Boston, Massachusetts.

For more information on upcoming ABA events, students may contact our 9th district representative, Rick Ma, at abalsd@americanbar.org

THE ARTICHOKE

The Artichoke is satire. Discretion is advised. The Artichoke is satire. Discretion is advised.



Movie-Top.com

LAW SCHOOL HOT

This group of people makes everyone at law school happier. Genuinely good-looking people usually do not go to law school. They are too busy doing more fun and interesting things, like being athletes or underwear models. So, in law school land, your average Joe can become Brad Pitt (circa fight club). Anyhow, if you are one of these lucky few, congratulations and enjoy it. If not, don't be too upset, we'll have to venture back out into the real world eventually and with it will come a return to mediocrity for all.

Former Mayor Filner Accepts Teaching Position at CWSL

BY CHRISTINE DIXON
ASSOCIATE EDITOR



CWSL.edu

California Western School of Law has a new professor on its roster. Beginning in Spring 2014, former mayor Bob Filner will be teaching a new seminar course, "Women and Respect in the Workplace." After he completed his two-week rehabilitation program in five days, Professor Filner wanted to give law students insight into the struggles women have endured trying to make their way in the workplace. Professor Filner reached out to the CWSL hiring committee to pitch his course idea and he was hired on the spot because of his extensive experience with women in the workplace.

The course will cover: the history women's struggles to gain respect from their misogynist coworkers; the Lilly Ledbetter Fair Pay Act; California's maternity and family leave laws; and various laws and topics relating to women and their fight for equality in the workplace. There will be a special weekend session put on by Professor Filner and Gloria Allred, Esq., where students will be able to get some hands-on experience defending themselves from the unwanted advances of their superiors. The female students will experience being put into headlocks and being subjected to slobbery kisses from the male students. This is a class that is a "must-take" and only twenty students will be able to register for this class. You do not want to miss this opportunity to learn from the maestro of women's struggles in the workplace!

The 8 Types of People in Law School

BY SAMI HADDAD
EDITOR-IN-CHIEF

California Western School of Law is one of the most diverse law schools in the country. But like any law school in America, there are categories or "cliques" which its students can be classified into. Below I attempt to categorize all law students into the eight types. If you think we missed a group, or did a great job, feel free to email us at cwslcommentary@gmail.com. We'd love to hear from you!

GCHAT PIONEERS

An ode to the Gchat pioneers. These are the people who first bring gchat into the classroom. They are determined early in 1L, sometimes in the first week. They usually sit in the second to fifth rows, so their friends behind them in class can see what is on their computer screens. Everyone knows about facebook, but they'll open gchat during class and talk to their friends (most of which, when you're a 2L or 3L, will be in the same class as you). Eventually their close friends will use gchat, and over time, almost everyone in class will have it.

CAFFEINE HOARDERS

This is the fastest expanding group in law school. Their members are addicted to caffeine. Whether they are consuming supplements, coffee, espresso, energy drinks or five hour energies, you will rarely find them alone. They never drink water, rarely eat and are frantic worriers. Some are compulsive shakers, constantly having to move, which can be rather bothersome when they have change in their pockets.

PROCRASTINATORS

If you're not one of the people listed above, then you are either in denial, or you will fall into this category, since we're all procrastinators. We all start outlining too late (to the 1L's, you should probably start around Halloween), don't brief cases like we should, or do our reading right before class. No matter what kind of person you are, or what hobbies you have, most of us would classify ourselves as a procrastinator.



Bitterlawyer.com

GUNNERS

This one is pretty self explanatory, we all know who they are (even the professors). Gunners are the people who try WAY too hard, at everything. They pretty much always sit in the front row, they are the most frequent visitors of office hours, and they'll stay behind after class to talk to professors. Most gunners are arrogant. They think they're the smartest people in the room, and sometimes they just might be. But they rub their peers in such a bad way, that their eagerness for the study of law may cost them a contact in the future.

HYPOTHETICAL CREATORS

This is quite possibly the worst group of people in law school. Its members are mostly 1L's, because people who ask these questions rarely make it past the curve. They can be sitting anywhere and can speak at any time. The professor will give a hypothetical, which students have prepared for, and after the class has discussed it, there will always be one student who raises their hand and changes the hypothetical. They will say something like, "Well what if..." Please don't let that be you! They have the right idea, but those questions are why office hours exist.

UNDERGRAD WANNABES

These people amaze me. They act as if law school is one big party, just like undergrad. They tag themselves on facebook at bars and clubs almost every night (and even when they don't, you know they're there based on their hangover the next morning. Meanwhile, the other 98% of law students wonder how they're passing. But these people shouldn't be underestimated. Many of them have mastered the most important trait in law school, time management. Party on my friends.

THE BRAGGING SLACKERS

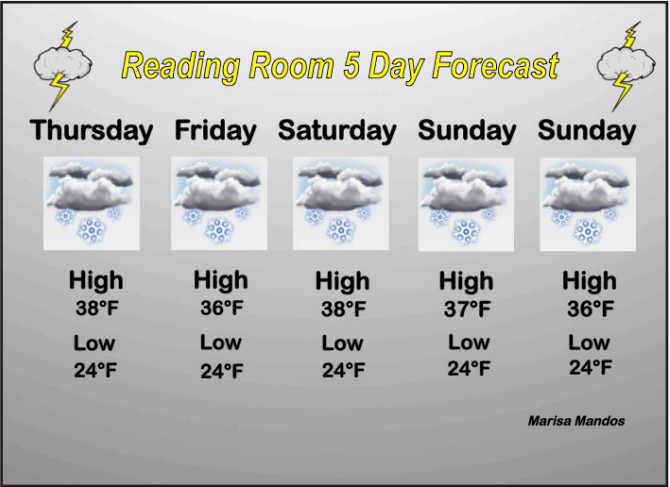
You have to love these people. Every time there is a discussion between classmates in law school, whether before or after class, these students boastfully admit at their lack of effort and dedication to the material. They claim to never read and claim to not getting work done. Somehow, however, when they get called on, they manage not to get exposed (by most teachers) for their alleged incompetence. Like my grandfather used to say, "You got to fake it until you make it."

The Artichoke Wants

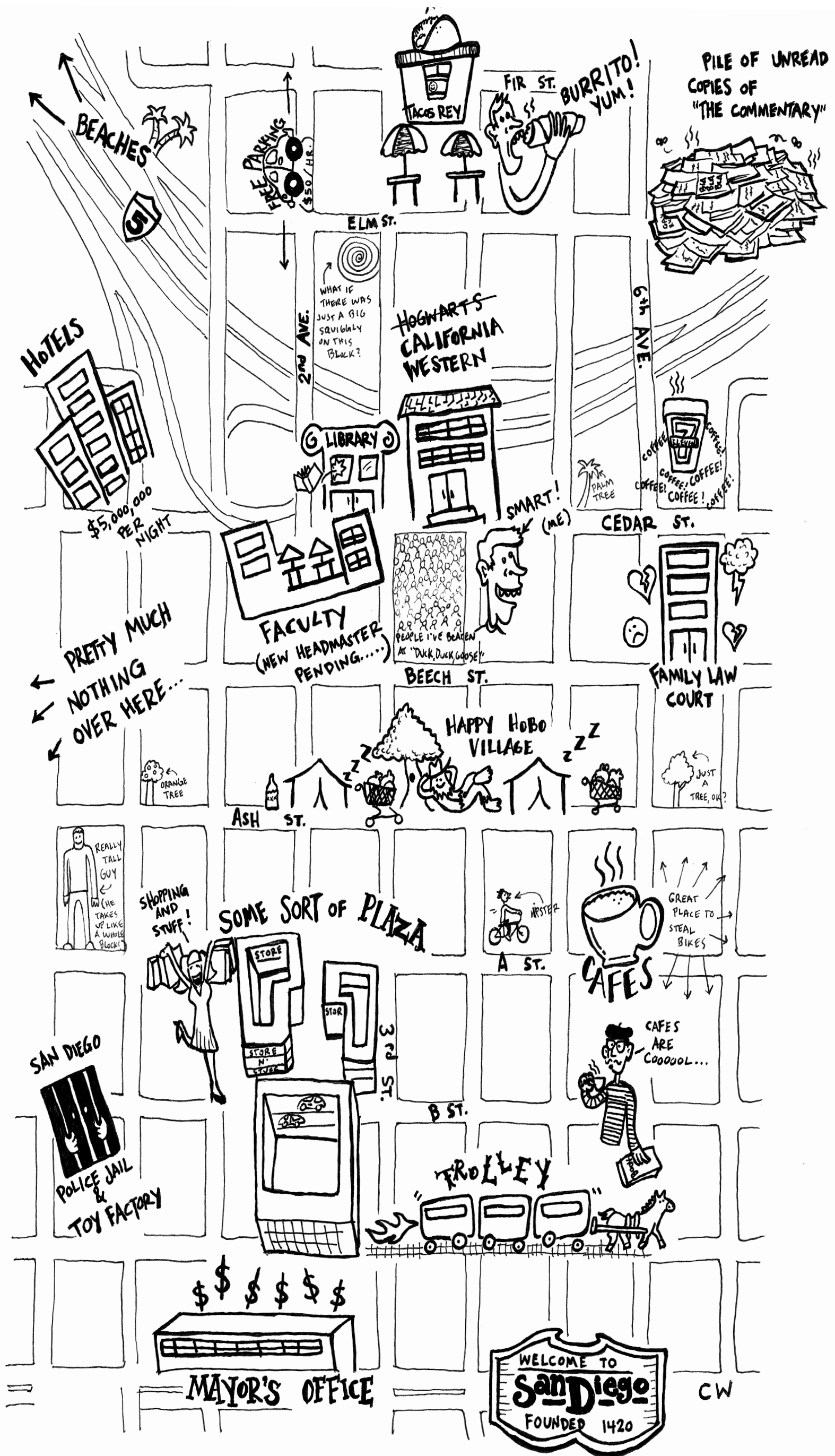


YOU!

Unless you are a gunner, procrastinator, bragging slacker, or caffeine hoard.
Email cwslcommentary@gmail.com



SURVIVAL MAP



AROUND CAMPUS

Summer Abroad In Prague - An Opportunity of a Lifetime



Bird's eye view from the Prague Castle.

Joanne Helbrun

BY JOANNE HELBRUN
ASSOCIATE EDITOR

I had the amazing opportunity to study abroad in Prague this summer through California Western's participation in the Consortium for Innovative Legal Education (CILE). Over the seven-week program, I visited Amsterdam, Vienna, Berlin, Nurnberg, Rome, Tuscany, Venice and Kutna Hora, and took a class led by the sitting United States Supreme Court Chief Justice John G. Roberts Jr. and his co-professor, Richard Lazarus. It was an experience of a lifetime, nine cities, five countries, four incredible courses, and many lifelong friendships.

Living in a foreign country is a wonderful way to learn about and acclimate to a culture that is different from your own. The Czech Republic is a country with rich history. Evidence of communism still exists in the concrete apartment building peppered throughout the city. The Museum of Communism offers a detailed explanation of the human suffering that existed under communism, and a celebration of the brave men and women who protested against it. Video of protestors gathered

in Wenceslas Square was devastating, and the gravity enhanced when we emerged from the museum mere steps from that same Wenceslas Square. No history book can provide the perspective gained by that juxtaposition.

Public transportation is a way of life in Europe. Trains, subways, trams, and bus systems provide residents and visitors with a cheap and effective means of getting around. The Czech people were extremely kind and welcoming but are often in the "zone" when commuting. Rides are extremely quiet because strangers rarely engage each other. There is a great respect for the young and old, most people will immediately surrender their seats for both children and elderly.

We attended classes at the Charles University Law Faculty Building, just a few blocks from the famous Charles Bridge. Three Czech law students served as ambassadors for our program duration, and were extremely helpful, kind, and welcoming. They planned sight seeing trips, escorted students to the doctor, provided information on anything we needed, and became great friends to all of us.

The classes were wonderful. I took International Environmental Law, Comparative Crime and Punishment, Cross-Cultural Negotiation and Dispute Resolution, and The Supreme Court of the United States in Historical Perspective. California Western's own Professor Mark Weinstein taught Cross-Cultural Negotiation and Dispute Resolution, and the course was an exceptional tool in navigating the experience abroad. Chief Justice Roberts and Professor Lazarus co-taught the Supreme Court of the United States in Historical Perspective over a two-week period. The class was a detailed look into the history of the United States Supreme Court and its advocates. The first hour of the class was a lecture on past Chief Justices by Chief Justice Roberts, and the second hour was a lecture on past Supreme Court Advocates by Professor Lazarus. All of the Professors in the program were fantastic, and the workload was easily manageable. Most of us would get out of class at the week's end and head directly to the train station or airport to travel.

Vienna is a five-hour train ride from Prague. Nurnberg is a three-hour drive from Prague. Traveling throughout Europe is easy because it takes very little time, and a very manageable budget. In one weekend, I drove from Prague to Rome, Rome to Tuscany, Tuscany to Venice, and flew home to Prague. The sights are stunning in every city. Prague is like a page torn from a fairy tale. The Old Town Square is full of beautiful architecture, street performers, food vendors, and tourists. Food vendors line Wenceslas Square, serving warm candied almonds, massive cuts of meat, and these cylindrical pieces of fresh sugared dough that melt in your mouth. The busy Charles Bridge is empty and peaceful early in the mornings, and late in the evenings. It is the best time to get a picture of the magnificent castle that sits above Prague. Everywhere you turn, there is something remarkable. Sometimes you feel the urge to pinch yourself. Even the tram commute to school boasted fairy tale views.

Holland, Austria, Germany, and Italy were equally incredible. The bike-lined canals of Amsterdam were beautiful, and the Anne Frank House was inspiring. Vienna's museum quarter, rose gardens, and neo-gothic Saint Stephen's Cathedral were exquisite. Nurnberg was picturesque, with beautiful architecture and a farmer's market in the middle of the square. The Colosseum in Rome was majestic and peaceful, and the Trevi Fountain was magical. The drive through Tuscany was beautiful, and the bruschetta, artichoke hearts and olive oil were delicious. We ended up in Rome on the same weekend as friends from the Malta program, and met for a lovely dinner at Piazza Campe de Fiori. The very best part of the traveling is that you were among friends, often experiencing these sights, and tastes for the first time together. Sandman's New Europe free walking tours and Anthony Bourdain's food picks were winners every time.

There was always something to do, from karaoke, day trips to surrounding towns, lunch, dinner, themed parties, pub-crawls, and planned weekend trips to foreign countries. It was a fantastic opportunity to get to know new people, and to form deeper friendships with the people you already knew. I leave this experience full of wonderful memories, beautiful pictures, and lifelong friendships. I would highly recommend studying abroad to anyone; it is simply the opportunity of a lifetime.



From left to right: Kaitlynn Leier (2L), Lynanne Reed (2L), Chief Justice Roberts, Professor Richard Lazarus, Kimberly Burton (2L), and Joanne Heibrun (2L).

List of Student Organizations

Here are a list of active clubs on campus. If you are interested in joining any of them, you can look for their posters around campus or email The Commentary at cwslcommentary@gmail.com to get their contact information. If you don't see a club and want to create one, that's possible too!

Alternative Dispute Resolution Club (ADR)
American Constitution Society (ACS)
Amnesty International
Asian Pacific American Law Student Association (APALSA)
Black Law Student Association (BLSA)
Business Law Society (BLS)
Child, Family, Elder Law Society
Christian Legal Society (CLS)
Criminal Law Society
Education Law Society (ELS)
Employment & Labor Law Society (ELLS)
Entertainment and Sports Law Society (ESLS)
Environmental Law Society (ELS)
Estate Planning Society (EPS)

Exonerate
Federalist Society
Hawaii Law Student Association (HLSA)
Health Law Society (HLS)
Immigration Law Society
International Law Society (ILS)
J. Ruben Clark Law Society
Jewish Student Union (JSU)
La Raza Law Student Association (LARAza)
Law Students for Reproductive Justice (LSRJ)
Maritime Law Society
Middle Eastern Law Student Association (MELSA)
Moot Court Honors Board (MCHB)
Native American Law Society (NALSA)
Older, Wiser Law Students (OWLS)

Phi Alpha Delta (PAD)
Pride Law
Public Interest Law Foundation (PILF)
Social Media Advocacy Think That (SMATT)
South Asian Law Student Association (SALSA)
Student Animal Legal Defense Fund (SALDF)
Student Intellectual Property Law Association (SIPLA)
Women's Law Caucus (WLC)

Contact the Student Bar Association at sba@law.cwsl.edu for more info.

ACS in DC

FROM SHAPING DEBATE, BUILDING NETWORKS, MAKING A DIFFERENCE on page 3



Cindy Perez

My visit to Washington D.C.

I had the opportunity to travel to Washington D.C. to attend the ACS National Convention this past June on a scholarship provided by the ACS National Chapter. As part of the program, our schedule was filled with guest speakers, discussion panels and opportunities to meet lawyers, professors, judges, and students from across the nation. I heard experts discuss issues on federal sentencing guidelines, judicial nominations, constitutional interpretation and much more. Those types of issues are not taught in the classroom, but are important because they affect our nation. The highlight of the event was to hear amazing individuals, such as Justice John Paul Stevens, Elizabeth Warren, and John Lewis. I encourage students to become involved with our student chapter and the local lawyer chapter.

New Website

FROM NEW CWSL PROMOTIONAL WEBSITE on page 6

rent students' opinion that the faculty, career services, CWSL staff, and student programs are incredibly caring to help students achieve their academic and professional goals.

Pam Hardy, the Director of Marketing and Communications, has been dedicated to formulating the new promotional program. "We hope it will resonate with prospective students, support the decision made by current students to study at California Western, and demonstrate to prospective employers that our graduates are ready to provide useful work to clients," explains Hardy. "You'll start to see this messaging on our website, in our publications, and through social media," and she says it will happen around the end of 2013. In the end, the new promotional program is intended to strengthen California Western's identity and effectively communicate its strengths to students and employers.

Hopefully the new promotional program will make California Western's students and alumni proud! Is "commitment to excellence" just a way to put a positive spin on the negative connotations of the daunting curve and high attrition rate? I submit that this positive spin on the stringent competition between CWSL students will be popular with the legal community, make alumni crack a smile, but leave current students unconvinced. If you would like to share your thoughts, please send us a short email at: cwslcommentary@gmail.com

The Commentary meets weekly on Mondays at 12:15 PM on the third floor couches. You can reach us via email at:
cwslcommentary@gmail.com